

Biennial report

Study Groups

Title of the study group: REST

Study Group Leader's name: Yvonne van Eijk-Hustings/ Jenny de la Torre-Aboki

Date of annual report submission: March 2020

Summary of last year's activities

The EULAR nurses study group for research and strategy (REST) aims to provide a platform for collaboration and international research. People can connect to benefit from expertise from others in designing and performing studies in their countries. For example, a study on nurse-led care in Germany was supported by expertise from Denmark and the UK.

Our network is dynamic and comprises people from many European countries, the USA, Australia, New-Zealand and Asian countries, such as Japan and Hong Kong.

In REST several project groups participate and the number of and kind of groups fluctuate. We have worked on cardiovascular risk assessment, nursing sensitive outcomes in rheumatoid arthritis, readability of informed consent materials, and agreement with- and feasibility of the EULAR recommendations for the role of the nurse in Japan, and on patient preferred outcomes in early RA (EQPERA). Moreover, in 2018 the EULAR recommendations on the role of the nurse were updated. To date REST activities have resulted in several international peer reviewed publications (see below).

During EULAR 2018 it was decided to merge the two nursing study groups (REST and the clinical group) into REST. We discussed renaming but decided to stick with REST as this name clearly represents the content of the activities.

In 2019 a working group on eHealth was founded. This group has decided on an action plan for the coming years. Also, the EQPERA group has finalised the international longitudinal qualitative study. In 2020 the working group on eHealth will continue their work and next steps to further implement the EULAR recommendations for the role of the nurse will be taken.

Rest references

1. Bianca Bech, Jette Primdahl, Astrid van Tubergen, Marieke Voshaar, Heidi A. Zangi, Lurdes Barbosa, Carina Boström, Boryana Boteva, Francoise Fayet, Ricardo Ferreira, Kirsten Hoepfer, Agnes Kocher, Marja Leena Kukkurainen, Vivienne Lion, Patricia Minnock, Antonella Moretti, Mwidimi Ndosi, Milena Pavic-Nikolič, Michael Schirmer, Hana Smucrova, Jenny de la Torre-Aboki, Jenifer Waite-Jones, Yvonne van Eijk-Hustings. 2018 update of the EULAR recommendations for the role of the nurse in the management of chronic inflammatory arthritis. *Ann Rheum Dis* 2019; 79 (1) 61-68. doi:10.1136/annrheumdis-2019-215458
2. Van der Elst K, Bremander A, De Groef A, Larsson I, Mathijssen E, Vriezolk J, Westhovens R, van Eijk-Hustings Y. European Qualitative research project on Patient-preferred outcomes in Early Rheumatoid Arthritis (EQPERA): rationale, design and methods of a multinational, multicentre, multilingual, longitudinal qualitative study. *BMJ Open*. 2019;9(3):e023606. doi: 10.1136/bmjopen-2018-023606
3. Minnock P, McGee G, Kelly A, Carter S, Menzies V, O'Sullivan D, Richards P, Ndosi M, **van Eijk-Hustings Y**. Nursing Sensitive Outcomes in Patients with Rheumatoid Arthritis: A Systematic Literature Review. *Int J Nurs Stud*. 2018;77:115-29. <http://dx.doi.org/10.1016/j.ijnurstu.2017.09.005>

4. Fusama M, Nakahara H, **van Eijk-Hustings Y**, Oliver S, Takeuchi T. Survey on attitudes regarding EULAR recommendations for the role of nurses involved in medical care of patients with chronic inflammatory arthritis in Japan. *Mod Rheumatol* 2017;27(5): 886-893
<http://dx.doi.org/10.1080/14397595.2016.1260199>
5. Hamnes B, van Eijk-Hustings Y, Primdahl J. Readability of patient information and consent documents in rheumatological studies. *BMC Med Ethics*. 2016;17(1)42. doi:10.1186/s12910-016-0126-0
6. Primdahl J, Ferreira R, Ndosí M, Palmer D, Garcia-Diaz S, van Eijk-Hustings Y. Nurses' role in cardiovascular risk assessment and management in people with inflammatory arthritis: A European perspective. *Musculoskeletal Care*. 2016;14(3):133-51.doi: 10.1002/msc.1121